



*The Oberoi*

GURGAON



**TRIDENT**

Gurgaon



**Wet-Soap-Wash-Rinse-Dry!**

HAI Fourth Hand Hygiene Day  
05<sup>th</sup> May, 2017



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The Oberoi, Gurgaon and Trident, Gurgaon celebrated the HAI Fourth Hand Hygiene Day on 5<sup>th</sup> May, 2017 at The Earth Saviours Foundation. Team members from both hotels discussed the importance of hand hygiene through role plays and active discussions with senior citizens and distributed Dettol hand wash and sanitizers.





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A fun quiz on hygiene was conducted in Café 443 for team members of the hotel. The winners were awarded with hand sanitizers.





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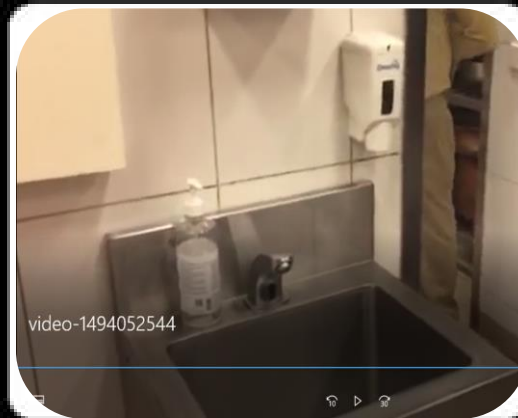
GURGAON



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A training on Hand Hygiene was conducted by Diversey for team members in Kitchen, Food and Beverage Service and Kitchen Stewarding. The “Why, When and How’ of Effective hand wash was demonstrated which was appreciated by the participants.





A special E- Bulletin was launched for both the hotel and discussed in various communication cascades.



**Give me 5** WORLD HAND-HYGIENE DAY  
E - BULLETIN - 5<sup>th</sup> MAY 2017

**CLEAN HANDS, HEALTHY HANDS**

Handwashing is like a "do-it-yourself" vaccine—it involves five simple and effective steps (**Wet, Lather, Scrub, Rinse, Dry**) you can take to stay healthy. Regular handwashing, particularly before and after certain activities, is one of the best ways to remove germs, avoid getting sick, and prevent the spread of germs to others. It's quick, it's simple, and it can keep us all from getting sick.

**HANDWASHING IS A WIN FOR EVERYONE, EXCEPT THE GERMS.**

**Why is Hand-hygiene important ?**

- Hands are the main pathways of germ transmission during health care.
- Hand hygiene is therefore the most important measure to avoid the transmission of harmful germs and prevent health care-associated infections.
- Any health-care worker, caregiver or person involved in direct or indirect patient care needs to be concerned about hand hygiene and should be able to perform it correctly and at the right time.

**1. Wet 2. Soap 3. Wash 4. Rinse 5. Dry**

**CLEAN HANDS COUNT**

**Give me 5** WORLD HAND-HYGIENE DAY  
E - BULLETIN - 5<sup>th</sup> MAY 2017

**CLEAN HANDS, HEALTHY HANDS**

Keeping hands clean through improved hand hygiene prevents the spread of germs and diseases. If clean, running water is not accessible, as is common in many parts of the world, use soap and available water. If soap and water are unavailable, use an alcohol-based hand sanitizer that contains at least 60% alcohol to clean hands.

**Give me 5** **HAND HYGIENE MATTERS.**

- Clean your hands by rubbing them with an alcohol-based formulation as the preferred means if hands are not visibly soiled. It is faster, more effective, and better tolerated by your hands than washing with soap and water.
- Wash your hands with soap and water when hands are visibly dirty or visibly soiled with blood or other body fluids or after using the toilet.

**PLEASE WASH YOUR HANDS**

**What is Hand-washing ?**  
Hand washing, also known as hand hygiene, is the act of cleaning one's hands for the purpose of removing soil, dirt and micro-organisms.

**How should you wash your hands?**  
Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap. Lather your hands by rubbing them together with the soap. Be sure to lather the backs of your hands, between your fingers, and under your nails. Scrub your hands for at least 20 seconds. Need a timer? Hum the "Happy Birthday" song from beginning to end twice. Rinse your hands well under clean, running water. Dry your hands using a clean towel or air dry them.

**FIGHT GERMS BY WASHING YOUR HANDS!**

1. Wet your hands
2. Soap
3. Lather and scrub - 20 sec
4. Rinse - 10 sec
5. Turn off tap
6. Dry your hands

**DON'T FORGET TO WASH:**

- between your fingers
- under your nails
- the tops of your hands



**TRIDENT** **HAND-HYGIENE = HEALTHIER WORKPLACE**

**WHY IT MATTERS IN THE WORKPLACE...**

Hands are the single most effective method of spreading germs. Thus, effective hand hygiene continues to be universally recognized as the smartest & most cost-effective means of infection control in the workplace—helping to minimize wasted time and resources.



Handwashing is an easy, inexpensive, and effective way to prevent the spread of germs and keep employees healthy

**TRIDENT** **HAND-HYGIENE = HEALTHIER WORKPLACE**

**When to Wash Hands at Work:**

- Each time an employee uses the restroom
- Before and after staff meetings if food is served
- After scanning newspapers or magazines in the break room
- Before and after lunch
- After using a coworker's keyboard or tools
- Before and after a meet and greet activity
- When using shared office equipment like copiers, phones, etc

# Videos of team members engaging in hand hygiene activities were shot and shared on social media platforms.





*The Oberoi*

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**TRIDENT**

Gurgaon

Posters and videos highlighting the importance of maintaining hand hygiene at work place were placed and played in all heart of the house areas of the hotel to educate all team members on the same.





*The Oberoi*

GURGAON



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Gurgaon



**Wet-Soap-Wash-Rinse-Dry!**

Thank you



# **World Hand Hygiene Day at The Oberoi Amarvilas**

World Hand Hygiene Day was celebrated by The Oberoi Amarvilas, Agra on 5<sup>th</sup> May 2017. The main aim of celebrating the event was to create awareness and the significance of following hand hygiene. The Oberoi Amarvilas celebrated the same by conducting the following activities –

1. Visit to Sheroes Cafe – a restaurant operated by ladies of acid attack victims.
2. Poster making competition for the team members
3. Visit to Lop Mudra School – to create awareness amongst the youth of India.
4. Training session for the hotels contract team members

## **1. Visit to Sheores Cafe**

The Oberoi Amarvilas team visited Sheroes café and Chef Vaibhav Soni taught the restaurant team about the importance of hand hygiene and 10 steps of washing the hands; this was followed with demonstration of hand washing in which the restaurant team enthusiastically participated.

We also organized lunch for the Sheroes café team and donated 5 liters of hand sanitizing liquid.





## 2. Poster Making Competition for team members

In order to spread the awareness in a creative manner the team members participated in a poster making competition in which team members expressed their knowledge about hand hygiene by depicting the same on a poster. The 1<sup>st</sup> prize was shared by the Kitchen and A&G Team.





### 3. Visit to Lop Mudra School

The Oberoi Amarvilas team visited the Lopa Mudra Vidya Mandir Purva Madhyamik Vidhyalaya, Taj Ganj, Agra to teach the youth of India the importance and how to properly wash hands. Chef Rajiv Kalate told the students about the importance of hand hygiene and the 10 steps of effectively washing your hands; this was followed with a practical demonstration and participation by the students who participated enthusiastically. We also distributed soaps to all school students who took an oath to follow hand hygiene on a daily basis.





#### 4. Training session for the hotels contract team members

A training session was conducted for all contractor team members on hand hygiene. A short film was screened as part of the training to communicate the importance of hand hygiene. Framed posters were displayed in the hotel heart of the house areas, team dining room, team lockers where they were visible to all team members while they were washing their hands.



With a vision to create awareness about the importance of washing hands as an effective way of promoting health and wellbeing. We at Trident Agra started the day by giving badges of Hand Hygiene Day to all employees at the staff entrance for creating an environment conducive to the Hand Hygiene Day.



Badge

Later in the afternoon, Ms. Shefali Shokeen(External Trainer) took a presentation for all the employees and trainees of the hotel on hand hygiene. We also invited the girls from Divya Prabha (NGO) to attend the presentation..

Following topics were covered in the presentation:-

- Importance in hand washing for prevention of the spread of germs
- List when to wash your hands
- Correct procedure for hand washing
- Various products in market related to hand hygiene
- Soap and water vs hand sanitizers
- Video demonstrating proper method of washing hands

We also added a surprise element during the presentation by giving small hampers for Mr. Hygiene & Ms. Hygiene.

Post presentation, a department wise poster competition on hand hygiene and its importance was organized. Winner of the competition was awarded with a small hamper of hand sanitizers of Dettol. Later in the evening all posters were displayed at the back of the house.

We also conducted an educational visit of hand hygiene processes in different areas of our hotel. Hygiene processes followed in Kitchen and Cafeteria were shown to the children from Divya Prabha who are studying in St. Anthony's Junior College, Agra.

At the end, small hampers consisting of hand sanitizer, handkerchief and paper soap were given as token of remembrance of Hand Hygiene Day being celebrated at Trident Agra.

## **PRESENTATION ON HAND HYGIENE AND ITS IMPORTANCE**



DEPARTMENTAL POSTER COMPEITION ON HAND HYGIENE AND ITS IMPORTANCE





Clean hands, safe hands.





## Hand Hygiene Day

Trident Cochin organized several activities and events to commemorate the Hand Hygiene Day on 05<sup>th</sup> May 2017.

### **Collage competition at Trident Cochin**

An inter house collage competition was held at the hotel where each team was expected to deliver a strong message about hand hygiene through a creative collage. The mentor of each house gave a presentation on the significance of hand hygiene and essentials of practicing it in day to day life and all team members of each house took a pledge to conform to the principles of hand hygiene.

Winner was selected on the basis of theme, message, design and creativity.



### **SOS Village Visit**

Team Trident Cochin visited the SOS Village - NGO that looks after child help foundation at Aluva to spread awareness about hand hygiene among children who reside at the SOS Village. An interactive and pictorial presentation was done highlighting the perils of poor hand hygiene and stressing on the importance of clean hands. Practical demonstration was done by the team on the most appropriate way of washing hands using soap and water ensuring each part of the hand is scrubbed. Advantages of using a hand sanitizer were also shared. A drawing competition was organized on the theme of hand

hygiene for the children and winner was declared on basis of message and creativity. Hand sanitizer bottles were given away to all the children.



### **Visit to Ashwasa Bhavan**

Trident Cochin team also visited the Ashwasa Bhawan – an organization focused on the uplifting of the destitute children and their rehabilitation with the purpose of spreading awareness about hand hygiene. A presentation was made on the spread of diseases due to poor hand hygiene and how they can be prevented by frequent washing of hands to keep them germ free. You tube videos were shown to the children on the importance of washing hands and the correct way of washing hands. The team also performed a skit for the children of the Ashwasa Bhavan emphasizing the importance of clean hands. Art competition was held and prizes were given away to the winners. Hand sanitizers were distributed to all present.





# World Hand Hygiene Day

## 5<sup>th</sup> May 2017



Clean hands, safe hands.



**TRIDENT**

Jaipur

# **Session on Hand Hygiene for Team By Johnson Diversey**





**TRIDENT**

Jaipur

# **Hand Hygiene Awareness Camp at SOS, Jaipur**



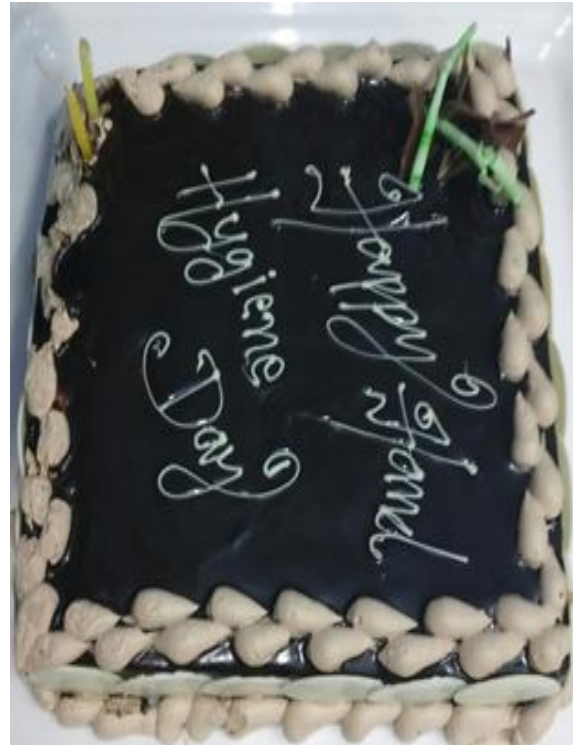


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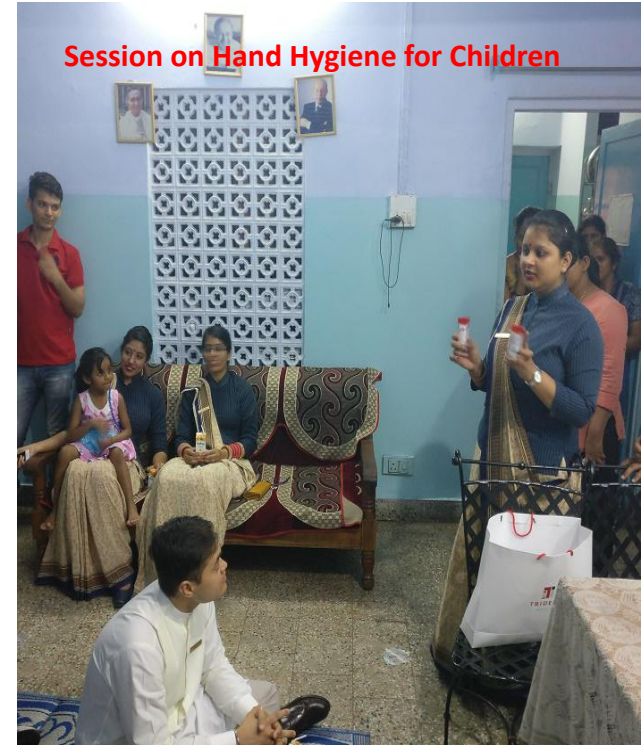
Jaipur

# Hand Hygiene Awareness Camp at SOS, Jaipur

Sanitizer was gifted for Home



Session on Hand Hygiene for Children







**TRIDENT**

Jaipur

# Hand Hygiene Awareness Camp at SOS, Jaipur





**TRIDENT**

Jaipur

## **Documentary promoting hand hygiene awareness On Electronic Display in Corridor**





**TRIDENT**

Jaipur

# Department wise Video Competition on Hand Hygiene



- Team displayed high level of creativity in videos on Hand Hygiene.
- Winners Celebrated victory by performing Dance showing Hand Wash Steps. They have been awarded with tickets of the latest movie Bahubali -2.

Save Lives, Clean Your Hands

WORLD

**HAND HYGIENE**

DAY



# Poster Making Competition



Team-Housekeeping



Team-F&B Service



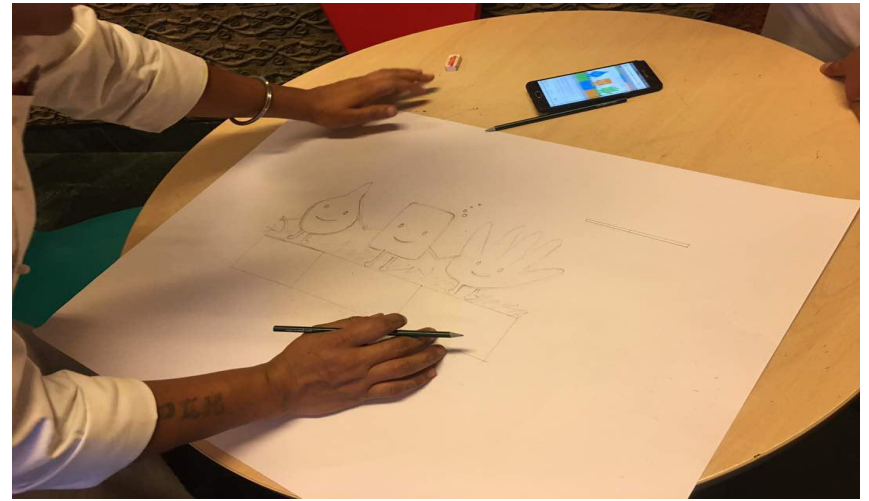
Team-Front Office



Team-F&G



Team-Engineering



Team-Kitchen

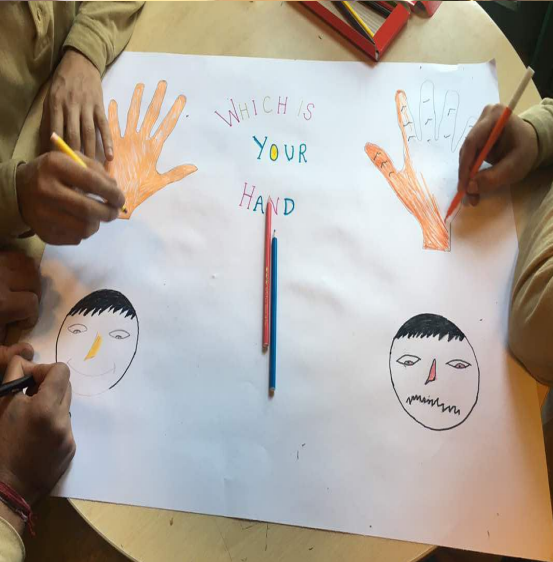


Final Look



Decision Time

# The Outcome



# & The Winner is...





# Presentation On Personal and Hand Hygiene



# Hand Washing



Thank You

A graphic where the words "Thank You" are formed by colorful letters held up by multiple hands. The letters are: 'T' (pink), 'h' (yellow), 'a' (teal), 'n' (orange), 'k' (blue), 'Y' (pink), 'o' (yellow), and 'u' (teal). Eight hands are visible, each holding one letter. The background is white.



**HAND HYGIENE DAY 5<sup>th</sup> MAY 2017**

## **Different activities done as part of celebrations:**

### **IN HOTEL ACTIVITIES**

- **Inter house poster making competition**
- **Documentaries on health and hygiene**
- **Session for team, local people, chauffeurs & contract team**
- **Germ check for everyone and correct washing procedure**

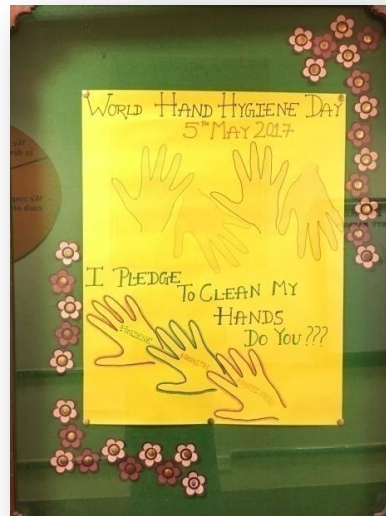
### **VISIT TO DIFFERENTLY ABLED SCHOOL**

- **Session for children on benefits of washing hands**
- **Germ check and demonstration of correct hand washing procedure**
- **Installed soap dispensers, displayed posters & donated Rozalex to the school**

### **SWACHH BHARAT ABHIYAN AROUND THE HOTEL**

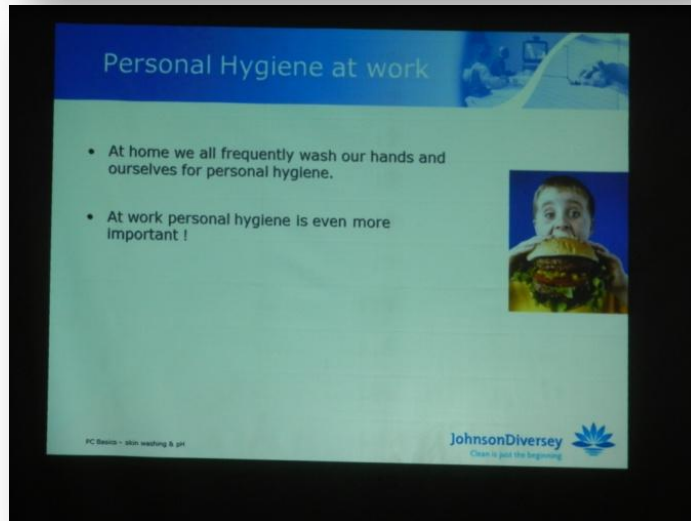
- **Oath taking ceremony was done along with the local community, SADA head Mr. Chauhan and hotel team**
- **Five teams were made to cover different sections around the hotel**
- **Event ended with pride and conviction to spread this message**

# POSTER MAKING COMPETITION



Inter house poster making competition was organized with the theme of hand hygiene. The idea was to spread awareness with regard to washing hands.

# AWARNESS TO TEAM BY DIVERSEY



**Presentation & videos for team members, contract team members, local people from Chharabra market and chauffeurs of the guests on the importance of hand washing with the help of senior manager from Diversey.**

# HAND HYGIENE AT DIFFERENTLY ABLED SCHOOL



**Educated children on benefits of washing hands & check for germs.**



# HAND HYGIENE AT DIFFERENTLY ABLED SCHOOL



Shared correct procedure of washing hands & made the students learn & wash hands

# SWACHH BHARAT AROUND WILDFLOWER HALL



Swachh Bharat done at market place and national highway around hotel in which people from local community, SADA and hotel team members participated

**Overall a fun filled, educating,  
enriching and fulfilling day**

**THANK YOU**

**MAIDENS HOTEL**

A heritage hotel since 1903

# World Hand Hygiene Day

## 5<sup>th</sup> May 2017



Clean hands, safe hands.

# MAIDENS HOTEL

A heritage hotel since 1903

## Session for Hotel team on Hand hygiene

By

Johnson Diversey



Clean hands, safe hands.

## MAIDENS HOTEL

A heritage hotel since 1903

# Hand hygiene awareness camp at Rajkiya Vikas Pratibha Vidhalaya



Clean hands, safe hands.

# MAIDENS HOTEL

A heritage hotel since 1903



Clean hands, safe hands.

## MAIDENS HOTEL

A heritage hotel since 1903

# Distribution of soaps and sanitizers in School



Clean hands, safe hands.





# Hand Hygiene Day @ Trident Udaipur



5<sup>th</sup> May is celebrated as Hand Hygiene day, the team of Trident Udaipur carried out few activities which are listed below.

## Educational Visit to Schools:

- A team of few people from Trident Udaipur visited **St. Matthews School, Sunbeam School & Vidhya Bhawan English Medium** to spread awareness among the student. The team from Trident Udaipur gave a presentation to the students and also taught the students how to wash and sanitize their hands. The students also volunteered in washing and sanitizing their hands.





# Awareness in the Hotel:

## Notice Board

Notice board was decorated with hand hygiene pictures and quotes which reminded every employee to wash their hand before and after meals.



Video clips played throughout the day in the employee dining room spreading the awareness of Hand cleaning and the steps involved in it.



Inter-house **Poster Painting Competition** was organized wherein the team members had explained the “**Importance of Hand Hygiene**” in day to day life through the posters made by them.





# *World Hand Hygiene Day*

## **2017**

80 % of common infectious diseases are spread by our hands. Even though effective hand hygiene is a critical part of flu prevention, the truth is that many people do not wash hands adequately or frequently enough.

World Hand Hygiene Day, marked globally on May 5, highlights the importance of hand hygiene in health care. The slogan of this year's campaign is 'Fight antibiotic resistance ... it's in your hands', illustrating the important relationship between good infection prevention and control practices like washing your hands and preventing antibiotic resistance.

The Hand hygiene day was started with visit to a Govt. school in Udaipur. Volunteers from each department of the hotel came together for the school visit. The volunteers gave a step by step demonstration to school children on how to wash hands and keep them clean. Many kids tried the steps and washed their hands.

The hand washing demonstration session was followed by distribution of snacks and a bottle of liquid soap to all children so that they can bring the good habit of hand washing in practice in their daily life. The kids loved the lovely surprise of gifts in the end of the session.



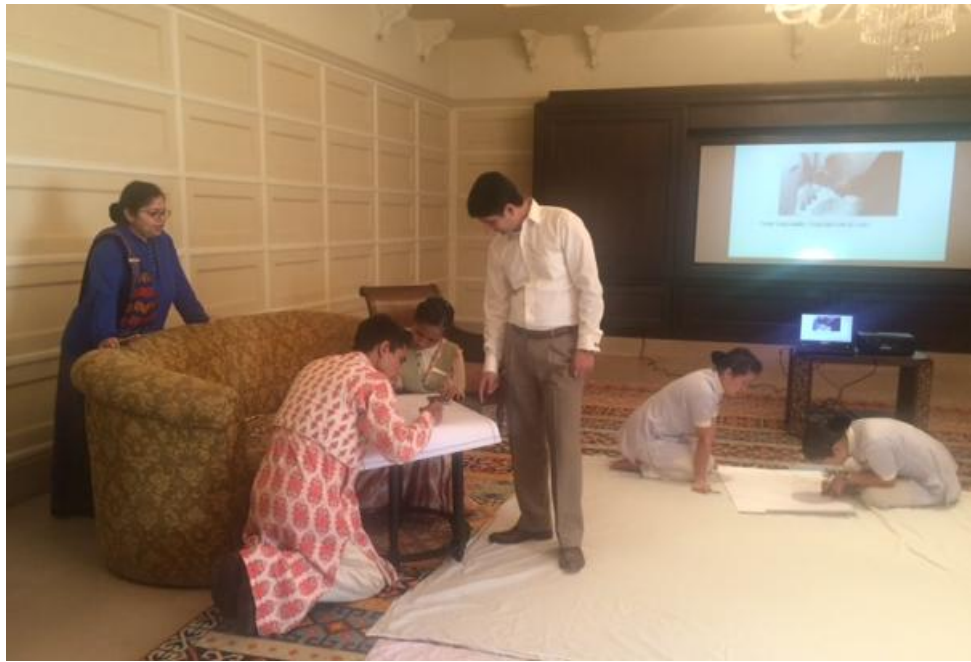




The second part of Hand hygiene day began with Poster making competition. Two participants from each department were invited to show their creativity and give the best message for hand hygiene to everyone through a poster. The participants showed great enthusiasm and creative ideas were flowing from everywhere. Mr. Amit Kaul, General Manager, The Oberoi Udaivilas was invited to judge the competition. The best poster was designed by Vaidika and Aryan from team Kitchen and Chitera and Pranav from team Housekeeping.

The competition was followed by an educational presentation on Hand Hygiene for the team members.







*Cleanliness is not a matter of instinct, it's a matter of education, one must cultivate a taste for it!*

Save Lives, Clean Your Hands



MAY 5<sup>th</sup>, 2017

*Team Trident, Hyderabad, initiated a movement of educating the people for the minimal standards of hand hygiene, which was taken further to Maruthi Orphanage Welfare Society, Hafeezpet. The knowledge was shared with the children through hand made posters, graphical representations and practical demonstration of safe hand washing technique.*

*At the same time, back in the hotel, videos on health and hygiene were played at the team dining area. The team actively participated in taking coupons to get plates for having lunch only after they had washed and sanitized their hands.*



*Demonstrating the 'Art of handwashing' to our team members.*





*Hygiene and organizing is a practice , not a project.*





*Cleanliness is next to godliness.*



*Embrace water,  
Maintain hygiene,  
so the nature  
bestows you with  
health.*







*Quality in Service, Cleanliness and  
Hygiene, is what we value!  
And what we value is what we live by!  
**THANK YOU!***